

# Extremities Brochure Transcript

PREMIER PATIENT COMMUNICATION MATERIALS

**BACKTalk**  
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*Note: Due to recent brochure revisions,  
minor differences in content may exist.  
Actual product samples are available for  
your review when you call Back Talk  
Systems toll free (800) 937-3113.*

Photo Caption: A detailed history and thorough examination will be performed.

FINDING THE CAUSE OF YOUR PROBLEM.

Many people are surprised to learn that joint pain in the hand, wrist, elbow, shoulder, ankle, or knee can often be helped by chiropractic care.

Joints of the body can lose their normal motion and position.

PROPER MOTION IS ESSENTIAL FOR PROPER FUNCTION.

When joint function is impaired, there is reduced range of motion, inflammation, calcium buildup, and scar tissue.

This can be caused from repetitive motions, improper sitting, overexertion, slips, falls, accidents, and other causes. Awareness of these types of problems have become more common with terms like "tennis elbow", "runner's knee", "frozen shoulder", and "carpal tunnel syndrome."

The traditional treatment of these problems involves splinting the joint to reduce movement, pain medications, muscle relaxers, steroid injections, and even surgery!

What else can be done?

Today, a more common sense approach is being taken. Joint mobilization, like chiropractic care for the spine, is being used in the care of elbows, wrists, and other joints of the body. Helping to restore normal range of motion to joints that have become "locked up", "jammed", or injured, seems to improve blood circulation, reduce scar tissue, and speed the healing process.

Your Doctor of Chiropractic is uniquely trained to detect and help restore proper joint function of the spine and the extremities. Find out if you can be helped, by arranging for a consultation and thorough examination today!

Photo Caption: Joint damage from repetitive motion can often be helped with chiropractic care, avoiding braces, drugs, or surgery.

Photo Caption: The impaired function of the elbow and other extremity joints of the body can often be helped with proper joint mobilization.

Photo Caption: The active lifestyle most retirees look forward to depends upon proper mobility of the spine and extremities.

THE CHIROPRACTIC LIFESTYLE

A continuing schedule of regular chiropractic checkups can help detect, correct, and maintain optimum spinal and nervous system function. Find out how chiropractic care, combined with proper diet, exercise, and other aspects of good health and personal hygiene can enhance your well-being and help you enjoy life to the fullest. Ask your Doctor of Chiropractic for a care program designed for your age, condition, and lifestyle.

References:

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